

# Swim Lessons

Swim lessons will be offered July 1, 2024 through July 26, 2024. Lessons will be taught Monday-Friday with the exception of July 4th. Swim lessons will take place at the NAC pool, which is located in the middle/high school building. If you have any questions, please contact Peggy Hogan at 518-594-7582 or text 518-569-4592 (put LTS in the text).

First and last name of parent/guardian: \_\_\_\_\_

Parent/guardian's email address: - \_\_\_\_\_

Phone number: \_\_\_\_\_

911 address of primary residence: \_\_\_\_\_  
 \_\_\_\_\_

Town you vote in: \_\_\_\_\_

First and Last Name of child	Child's age (as of the first day of lessons)	Child's grade (2023-2024 school year)	Swim Level* See below for information.	Allergies and/or Medications

\* Swim Level- Please refer to last year's swim book to see what level was completed. Levels 1-3 are in the shallow end, while levels 4-6 must feel secure in deep water and have increasing skills in stroke mechanics, diving, safety & endurance.

Please mark what time slot is your 1st choice and which time slot is your 2nd choice:

- \_\_\_\_\_ 8:00 am-8:30 am
- \_\_\_\_\_ 8:35 am -9:05 am
- \_\_\_\_\_ 9:10 am-9:40 am
- \_\_\_\_\_ 9:45 am-10:15 am
- \_\_\_\_\_ 10:20 am-10:50 am

Please list the first and last names of any children not listed on this sheet that need to be in the same time slot as your child(ren) due to transportation.

\_\_\_\_\_  
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